

## Fabric Facemask <sup>1</sup>

These fabric facemasks are fast and easy to make. The facemask is 9" wide, has 3 tucks or pleats and ties at the back/top of the head and the back of the neck.



Before and after using:

Machine wash and dry using hot water, usual detergent, and dry with heat

OR

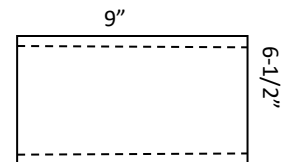
Hand wash with a small amount of dish detergent, rinse in hot water, hang to dry. Iron, if desired

### Supplies and Cutting

- Mask: (2) 9" X 6-1/2" rectangles  
Note: using two different fabrics makes it easier for users to remember the side they wore to their face
- Ties: (2) 36" pieces of 1/2" wide double-fold bias tape (commercially available). Or make your own non-bias tape from 2" strips of fabric to equal 2 yards. You can use 2-1/2" strips if you already have them.

Prepare facemask:

Sew the two 9" X 6-1/2" rectangles together at the top and bottom edges. Turn right side out and press.



Make three pleats on each side of the rectangle and pin as shown to make it easy to attach the ties.

Prepare facemask ties

If using 2" strips of fabric, fold each side to the center back and press (photo). Then press strip in half so that the folded sides meet each other (similar to double-fold bias tape).



Sew ties to the mask

Find the center of the tie and center that on one side of the mask and pin into place with the raw edges between the folded tie. Sew with a straight or zig zag stitch. I find the zig zag just goes faster. Repeat for the other side of the mask.



<sup>1</sup> Revised 04-05-2020: using 2 different fabrics, adding washing instructions